

Kitchener-Waterloo



Balance Centre

Request for Consultation

AUDIOLOGY / ENG
 564 Belmont Ave., Suite 406
 Kitchener, Ontario N2M 5N6
TEL: 519-208-2522
FAX: 519-208-2520
 Email: kwbccentre@gmail.com
 www.hearingandbalancecentre.com

LAST NAME	FIRST NAME	MIDDLE INITIAL
ADDRESS		APARTMENT No.
CITY	PROVINCE	POSTAL CODE
HOME TELEPHONE ()		OTHER TELEPHONE ()
EMAIL ADDRESS:		
DATE OF BIRTH (DD/MM/YYYY)		SEX <input type="checkbox"/> MALE <input type="checkbox"/> FEMALE
HEALTH CARD No.		VERSION CODE
REFERRING PHYSICIAN		

APPOINTMENT DATE _____ **TIME** _____

Referral Date _____ Language Spoken _____

DIAGNOSES/REASON FOR REFERRAL:

In case of abnormal results, patient will be referred to one of the otolaryngologists affiliated with the Balance Centre

PROCEDURES REQUESTED
(Battery of tests may vary according to the age and primary concern)

A. Request from any physician:

- General Test Battery
(This includes audiogram and complete labyrinthine function studies)
- Audiogram only

B. Requested by otolaryngologist only:

- ABR
- ECOCHG
- General test battery
(VNG, VEMP, VHIT, VAT)
- Tinnitus assessment

C. Procedures not covered by OHIP:

- CAP
- Tinnitus management
- Cerumen removal

① **SPECIAL INSTRUCTIONS**

- ✧ **VNG/ENG & vHIT Test:** Please see reverse for instructions
- ✧ **Pediatric Testing:** An adult is required to accompany children under 5 years of age into the testing room and any other young children are not to be left unattended.
- ✧ **Location:** Please see reverse for details.
- ✧ Patients arriving late or without a valid health card may be rescheduled.

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Directions:

Get on ON-401 W
Continue on ON-401 W.
Take ON-8 W to
Homer Watson Blvd in Kitchener.
Take the Homer Watson Boulevard N
exit from ON-7/ON-8 W.
Follow Highland Rd E to
Belmont Ave W



VNG/ENG INSTRUCTIONS

An ENG/VNG test is used to identify diseases or disorders causing vertigo, dizziness or inner ear disorders. Video Goggles or electrodes will be used to measure nystagmus - an involuntary, repetitive movement of the eyeball. Several recordings of eye motion will be made while you move your head in different positions. The tests will be performed while small quantities of warm and cold water are placed in your ear canals. The ENG test takes approximately 30 minutes.

Please do not eat for three hours before an ENG test. **IF YOU ARE DIABETIC, DO NOT SKIP ANY MEALS.** Refrain from taking sedatives, tranquilizers, antihistamines, drugs for nausea or dizziness and alcoholic beverages for 24 hours prior to your appointment. If you are on any medications for heart, blood pressure, thyroid, cholesterol, diabetes or epilepsy, continue these as usual. **Please refrain from applying moisturizer and make up to your face and eyes before your test.** Although rare, some patients experience prolonged dizziness after the test is complete, therefore it is recommended that you have someone drive you home after the test if possible. **Please check in at least 10 minutes early unless your appointment is for 8:00am or 1:00pm.**

VNG/ENG & vHIT INSTRUCTIONS

Please refrain from applying moisturizer and make up to your face and eyes before your test.